

Sagamite (or Just like oatmeal)

Ingredients

- 1 1/2 cups cornmeal
- 5 cups of water
- 1 tablespoon of butter
- 1/2 tablespoon salt
- 1 cup of blueberries
- sugar
- milk

Directions

Mix the cornmeal with one cup of cold water, then add four cups of boiling water, salt, and butter. Cook in the top pan of a double boiler for about 25 min. or until the mixture has thickened.

Place equal amounts of the sagamite (hot oatmeal) in bowls and sprinkle with blueberries or other fruit. Serve with sugar and milk. Serves four or more people.