

Pinto Bean Fry Bread

Ingredients

- ¼ Tsp. Black Pepper
- 1 Tsp. Salt
- 1 Tbsp. Baking Powder
- 2c. Flour
- 2c. Pinto Beans With Broth

Directions

Place the pinto beans in a bowl and mix in the salt, baking powder, and black pepper.

Add enough of the flour to make a thick mixture.

Heat frying pan, add a tablespoon of lard.

Spoon in mixture like small pancakes, brown on both sides.

Note: Goes well with potatoes and ham chunks along with Indian fry bread.