

Orchata-Ground Rice Drink

Ingredients

- 1/2 Cup Sugar
- 1 Cup Long Grain Rice
- 1 Cup Water
- Large Capacity Blender (7-8 Cups)
- 4 Cups Milk
- 1/2 Teaspoon Cinnamon
- 1 Teaspoon Vanilla

Directions

Place rice in a bowl with enough hot water to cover. Let sit overnight on counter. Next day, remove the water. Place rice, 1/2 cup fresh water and 2 cups milk in a blender until rice is all ground up.

Add sugar, vanilla, and cinnamon. Blend.

Add the remaining two cups milk, and 1/2 cup water. Blend.

Strain through thickly layered cheesecloth (more than once may be necessary; do NOT squeeze the cloth).

Chill and serve. Makes approx. 6 cups.

Note: This is a favorite for youngsters of all ages. Also, the rice starch in this drink is an excellent way to "put out the fire" on your tongue while eating hot/spicy meals. In summertime, add crushed ice to drink to make a slushy.