

Goulosh With A Zest

Ingredients

- 1 lb. Ground Beef
- 1 Box Macaroni
- 1 Can Tomato Sauce
- 1 Can Rotel Tomatoes and Green Chilies
- 1 Small Onion
- 1 Green Bell Pepper

Directions

Cut up Bell Pepper and Onion, brown with Ground Beef.

While Ground Beef and Bell Pepper and Onion are browning, boil 3-4 quarts of water for the Macaroni.

When Ground Beef, Onion and Bell Pepper are browned, pour in one can of Rotel, and one can of tomato sauce.

Add macaroni to boiling water and boil until tender. Drain water from macaroni.

Add Macaroni to Ground Beef mixture.

Heat to desired consistency.

Note: I also cut up garlic with my onions and bell peppers. This gives it a good flavor also. The Rotel gives it a little spice!!!